

FirstHealth of Andover PC

healthcare beyond the ordinary



Weight Management Program Phase 1 10% off Introductory Fee* (Includes 2 half-hour appointments)

Initial Appointment

- InBody/Body Composition measures:
 - Weight
 - Lean body mass
 - Body fat mass
 - Resting metabolic rate
- SenseWear® (armband and display) measures:
 - Daily calories burned
 - Activity level for the day (amount of exercise done)
 - One week access to SenseWear® online food log and metabolic calculator

Follow Up Appointment

- Analysis/interpretation of data received from SenseWear® device
- Recommendations based on results of testing
- Appointment 2-3 months out for feedback

Introductory Fee*

- \$200 paid at time of initial visit
- Copy of CC taken as security for SenseWear® device

One Dundee Park, Andover, MA 01810 978 474 9994

*** Conditions:**

First time clients only. Limit one coupon per person. Coupon must be printed out and presented to the front desk at the time of your appointment to receive the discount. Expires April 30, 2008. No exceptions please!